

APA invites you to join its next PCSS-MAT Webinar

## The Seeking Safety Model: Empirical and Clinical Developments

**Free Registration  
and CME**

**Lisa Najavits, PhD**  
Professor of Psychiatry  
Boston University School of Medicine  
Adjunct Professor  
University of Massachusetts Medical School

April 25, 2017 — Noon-1 p.m. Eastern

**REGISTER NOW**

Seeking Safety is an evidence-based counseling model designed for trauma and/or addiction. The focus is to help clients learn new coping skills to attain greater safety in their lives. It is a present-focused model that has been widely implemented with homeless, criminal justice, transition age youth, and seriously mentally ill populations.

This presentation will describe the model and offer a summary of new findings and clinical expansions. New developments include peer-led Seeking Safety; use of the model with adolescents, for gambling disorder, and with sertraline medication; and various studies including military and military veterans. Additional initiatives include mobile apps related to Seeking Safety; new translations; and various training and other materials. Dr. Najavits will discuss how such developments arose in relation to the broader field of trauma/addiction and trauma-informed care.

The American Psychiatric Association is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The American Psychiatric Association designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The PCSS-MAT is a national training and mentoring project developed in response to the prescription opioid misuse epidemic and the availability of new pharmacotherapies to address opioid use disorder. It is a collaboration of: American Academy of Addiction Psychiatry (lead), American Psychiatric Association, American Osteopathic Academy of Addiction Medicine, American Society of Addiction Medicine, Association for Medical Education and Research in Substance Abuse, American College of Emergency Physicians, American College of Physicians, and National Association of Drug Court Professionals. Funding for this initiative was made possible (in part) by Providers' Clinical Support System for Medication Assisted Treatment (grant no. 1U79TI026556) from SAMHSA. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.

### **System Requirements**

Operating System - Windows 7 - Windows 10 Mac OS X 10.9 (Mavericks) - 10.12 (Sierra) Browser: Google Chrome v34 or later; Mozilla Firefox v34 or later; Internet Explorer v8 or later; Microsoft Edge v12 or later; Apple Safari v6 or later Internet Connection: 1 Mbps or better (broadband recommended) Software: GoToWebinar desktop app; JavaScript enabled